

Holly Cross Country
All-Time Top 25 5000m.
Performances

	Boys			Girls		
	Time:	Name:	Year:	Time:	Name:	Year:
1	15:20	Matt Stack	1980	18:51	Sara Schultz	2005
2	15:38	Mark Zauel	1985	18:56	Jackie Bucholz	1996
3	15:52	Todd Hill	1989	19:01	Sarah Romanski	1998
4	15:55	Tom Seavey	1974	19:18	Debbie Barton	1992
5	15:56	Gerry Newcomb	1995	19:28	Daniel Kovach	1992
6	15:58	Randy Nixon	1978	19:41	Jenny Weisdorfer	1990
7	15:59	Brian Smith	1980	19:45	Cathy Burkhart	1980
8	16:01	Bill Lowande	1977	19:48	Lynette Mehlberg	1986
9	16:01	Jeff Lewis	1977	19:56	Jenna Dewaelsche	1991
10	16:02	Jared Maxwell	1995	19:56	Katie Hagen	1998
11	16:05	Todd Stone	1983	20:10	Robin Redoutey	1998
12	16:05	Mark Seavey	1977	20:21	Lori Jackson	1986
13	16:08	Brian Keech	1989	20:25	Jasmine Hernandez	2006
14	16:11	Rich Hicks	1996	20:25	Kristen Zaffina	1998
15	16:14	Rick Durso	1989	20:31	Jennifer Tschirhart	1998
16	16:20	Rob Keen	1995	20:33	Stacey St. Clair	2006
17	16:21	Matt Hosner	1995	20:36	Michelle Parker	1991
18	16:22	Ken Osmun	1985	20:37	Cathy Bosard	2007
19	16:24	Larry Davidson	1977	21:00	Heather Goodfellow	1995
20	16:24	Don Hamilton	1978	21:04	Danielle Whitefoot	2007
21	16:28	Jason Deweese	1992	21:08	Jenny Wycoff	1987
22	16:28	Steve McConnaughey	1998	21:09	Destiny Duke	1994
23	16:29	Darrel Coleman	1973	21:15	Jessica Gribble	2002
24	16:31	Mike Astolas	1989	21:15	Adrienne Zauel	1986
25	16:33	Bill Ballard	1976	21:17	Melissa Maloney	1995

*All times have been converted to 5,000m.
Some Athletes ran distances of 2 miles and 2.5 miles.