




# November 2008

## Sherman Middle School

Every Meal Includes Milk and Salad if you wish!

**MENU SUBJECT TO CHANGE**

Monday	Tuesday	Wednesday	Thursday	Friday
Balanced Choice Meals Offered Daily!		Come join us for a great breakfast!	Breakfast Menu on Back!	Prepay allowed on student breakfast/lunch accounts!
3 <b>Balanced Choices</b>  Chicken Patty on a Bun Oven Fries Fresh Cantaloupe Low Fat Milk Choice	4 <b>NO SCHOOL</b>  <b>ELECTION DAY</b>	5 <b>Balanced Choices</b>  A) Cheese Pizza Tossed Salad w/lite Dressing Fresh Orange Low Fat Milk Choice B) Nacho Bar w/the works!	6 <b>Balanced Choices</b>  Turkey Club Bagel Sandwich Vegetable Pasta Salad Peaches Low Fat Milk Choice	7 <b>Balanced Choices</b>  Oven Baked BBQ Chicken Breadstick Seasoned Broccoli Fresh Apple Low Fat Milk Choice
10 A) <b>Balanced Choices</b>  Chicken & Cheese Quesadilla Fiesta Rice Mexican Corn Low Fat Milk Choice B) Hot Dog w/chili sauce Green Beans Applesauce	11 A) <b>Balanced Choices</b>  Tuna Salad Wrap Fresh Apple Peaches Low Fat Milk Choice B) Taco Bar w/the works! Fresh Veggies Peaches	12 A) <b>Balanced Choices</b>  Chicken Broccoli Alfredo Breadstick Green Beans Fresh Apple Low Fat Milk Choice	13  <b>Half Day</b>	14  <b>NO SCHOOL</b>  <b>ENJOY YOUR DAY!</b>
17 <b>Balanced Choices</b>  Chicken Nuggets Dinner Roll Oven Baked Fries Fresh Apple Low Fat Milk Choice	18 A) <b>Balanced Choices</b>  Tuna Salad Wrap Peaches Vegetable Pasta Salad Low Fat Milk Choice B) Nacho Bar w/the works! Fresh Veggies Peaches	19 A) <b>Thanksgiving Dinner</b> Sliced Turkey Dinner Roll Green Beans Sweet Potatoes Cookie B) <b>Balanced Choices</b>  Wild Green Antipasto Salad Soft Pretzel Fresh Orange Low Fat Milk Choice	20 A) Hot Dog on Bun Chili Green Beans B) <b>Balanced Choices</b>  Chicken Parmesan Dinner Roll Seasoned Carrots Fresh Apple Low Fat Milk Choice	21 A) <b>Balanced Choices</b>  Meat Loaf & Gravy Mashed Potatoes Dinner Roll Mixed Vegetables Fruit Crisp Low Fat Milk Choice
24 <b>Balanced Choices</b>  Chicken Caesar Wrap Macaroni Salad Fresh Orange Low Fat Milk Choice	25 <b>Balanced Choices</b>  Sloppy Joe on a Bun Peas and Carrots Warmed Baked Apple Slices Low Fat Milk Choice	26 A) <b>Balanced Choices</b>  Chicken Salad Wrap Vegetable Pasta Salad Fresh Orange Low Fat Milk Choice B) Taco Bar w/the works! Fresh Veggies Pineapple	<b>NO SCHOOL</b>  <b>HAPPY THANKSGIVING</b>	<b>NO SCHOOL</b>  <b>HAPPY THANKSGIVING</b>
<b>Every Day: Bosco Sticks</b>	<b>Chicken Sandwich</b>	<b>Ham/Cheeseburgers</b>	<b>Homemade Pizza</b>	<b>Deli Sandwiches</b>