

SEPTEMBER 2008

Karl Richter Campus

Every Meal Includes Milk and Salad if you wish!

MENU SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Look for Balanced Choice Meals!</i>		Come join us for breakfast! Menu on Back!	Prepay allowed on student breakfast/lunch accounts!	Birthday Day on the \Get a birthday cookie free with any full lunch!
1 Labor Day No School	2 Welcome Back! Cheeseburger on a Whole Wheat Bun Peas Pears	3 Hamburger Gravy over Mashed Potato's Green Beans Applesauce	4 Balanced Choices! Homemade Pizza Corn Fresh Apple Graham Crackers	5 Balanced Choices! Chicken Patty on a Bun Mixed Vegetables Fresh Orange Low Fat Milk Choice
<i>Weekly Second Choice</i>	PB&J Sandwich	Bosco Sticks	Specialty Salad	
8 Homemade Goulash Breadstick Cooked Carrots Peaches	9 Balanced Choices! Chicken Nuggets w/honey mustard to dip! Dinner Roll Mashed Potato's Fresh Orange	10 Beef Taco w/the works if you wish! Fresh Veggies Pineapple	11 Balanced Choices! Homemade Pizza Corn Fresh Apple Graham Crackers Low Fat Milk Choice	12 Balanced Choices! BBQ Chicken Legs Peas Dinner Roll Fresh Apple Low Fat Milk Choice
<i>Weekly Second Choice</i>	PB&J Sandwich	Hamburger on a Bun	Specialty Salad	
15 Mini Corn Dogs Peas Pineapple	16 Balanced Choices! Spaghetti w/Italian Meat Sauce Carrots Peaches Low Fat Milk Choice	17 Sloppy Joe on a Bun Baked Beans Applesauce	18 Balanced Choices! Homemade Pizza Corn Fresh Apple Graham Crackers Low Fat Milk Choice	19 Balanced Choices! Bagel w/Yogurt and Peanut Butter Fresh Carrot Sticks Fresh Orange Low Fat Milk Choice
<i>Weekly Second Choice</i>	PB&J Sandwich	Bosco Sticks	Specialty Salad	
22 Lucky Tray Day Nacho's w/the works! Green Beans Fresh Orange	23 Balanced Choices! Hamburger on a Whole Wheat Bun Vegetable Pasta Salad Mixed Fruit Low Fat Milk Choice	24 Macaroni and Cheese Dinner Roll Green Beans Peaches	25 Balanced Choices! Homemade Pizza Corn Fresh Apple Graham Crackers Low Fat Milk Choice	26 Breakfast for Lunch! French Toast Sticks Sausage Patty Potato Stars Cinnamon Applesauce
<i>Weekly Second Choice</i>	PB&J Sandwich	Chicken Sandwich	Specialty Salad	
29 Pizza Sticks w/dipping sauce Fresh Veggies Peaches	30 Hot Dog on a Bun Oven Baked French Fries Peas Pears			
<i>Weekly Second Choice</i>	PB&J Sandwich	Bosco Sticks	Specialty Salad	