

# NOVEMBER 2008

## Karl Richter Campus

Every Meal Includes Milk and Salad if you wish!

MENU SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Look for Balanced Choice Meals!</i>		<b>Come join us for breakfast! Menu on Back!</b>	Prepay allowed on student breakfast/lunch accounts!	Birthday Day on the 10 <sup>th</sup> Get a birthday cookie free with any full lunch!
3 Cheeseburger on a Whole Wheat Bun Peas Pears Cold Milk	4 ELECTION DAY  NO SCHOOL	5 Grilled Cheese Tomato Soup Green Beans Applesauce Cold Milk	6 <b>Balanced Choices!</b> Homemade Pizza Corn Fresh Apple Graham Crackers Low Fat Milk Choice	7 <b>Balanced Choices!</b> Chicken Patty on a Bun Mixed Vegetables Fresh Orange Low Fat Milk Choice
<b>Weekly Second Choice</b>	<b>PB&amp;J Sandwich</b>	<b>Bosco Sticks</b>	<b>Specialty Salad</b>	
10 <b>Birthday Day!</b> Homemade Goulash Breadstick Cooked Carrots Peaches Cold Milk <b>Cookie With Lunch</b>	11 <b>Balanced Choices!</b> Chicken Nuggets with honey mustard to dip! Dinner Roll Mashed Potatoes Fresh Orange Low Fat Cold Milk	12 Beef Taco with the works if you wish! Fresh Veggies Pineapple Cold Milk	13 <b>Balanced Choices!</b> Homemade Pizza Corn Fresh Apple Graham Crackers Low Fat Milk Choice HALF DAY	14 NO SCHOOL
<b>Weekly Second Choice</b>	<b>PB&amp;J Sandwich</b>	<b>Hamburger on a Bun</b>	<b>Specialty Salad</b>	
17 Mini Corn Dogs Peas Pineapple Cold Milk	18 <b>Balanced Choices!</b> Spaghetti w/Italian Meat Sauce Carrots Peaches Low Fat Milk Choice	19 <b>Thanksgiving Dinner</b> Sliced Turkey Dinner Roll Green Beans Sweet Potatoes Cookie Cold Milk	20 <b>Balanced Choices!</b> Homemade Pizza Corn Fresh Apple Graham Crackers Low Fat Milk Choice	21 <b>Balanced Choices!</b> Bagel w/Yogurt and Peanut Butter Fresh Carrot Sticks Fresh Orange Low Fat Milk Choice
<b>Weekly Second Choice</b>	<b>PB&amp;J Sandwich</b>	<b>Bosco Sticks</b>	<b>Specialty Salad</b>	
24 Nachos with the works! Green Beans Fresh Orange Cold Milk	25 <b>Balanced Choices!</b> Hamburger on a Whole Wheat Bun Vegetable Pasta Salad Mixed Fruit Low Fat Milk Choice	26 Macaroni and Cheese Dinner Roll Green Beans Peaches	27 <b>NO SCHOOL</b> <b>HAPPY THANKSGIVING</b>	28 <b>NO SCHOOL</b> <b>HAPPY THANKSGIVING</b>
<b>Weekly Second Choice</b>	<b>PB&amp;J Sandwich</b>	<b>Chicken Sandwich</b>	<b>Specialty Salad</b>	