

SEPTEMBER KARL RICHTER BREAKFAST MENU

Research shows that students who eat breakfast daily have better attendance, achieve higher test scores, and have fewer behavioral problems in the classroom. *Students who qualify for free or reduced lunch automatically qualify for free or reduced breakfast.* What a great way to start off your child's day!!!

MONDAY(s)	TUESDAY(s)	WEDNESDAY(s)	THURSDAY(s)	FRIDAY(s)
Bagels w/cream cheese OR Danish OR Cereal w/bread choice OR Assorted Pop Tarts PLUS 100% Juice Milk	Egg/Sausage Breakfast Sandwich OR Bagels w/cream cheese OR Danish OR Cereal w/bread choice OR Assorted Pop Tarts PLUS 100% Juice Milk	Balanced Choice Breakfast Cheerios Low Fat Yogurt Fresh Apple 100% Juice Low Fat Milk Choice OR Bagels w/cream cheese OR Danish OR Assorted Pop Tarts PLUS 100% Juice Milk	Cinnamon Rolls OR Bagels w/cream cheese OR Danish OR Cereal w/bread choice OR Assorted Pop Tarts PLUS 100% Juice Milk	Bagels w/cream cheese OR Danish OR Cereal w/bread choice OR Assorted Pop Tarts PLUS 100% Juice Milk

Your USDA Breakfast will include: 2 Bread and Grain items OR 1 Bread item & 1 Protein item PLUS 4 ounces 100% Fruit Juice OR Fresh Fruit plus 8 ounces of milk. Bread choice could include...animal crackers, bagel, graham crackers.

MEAL PRICES

***Breakfast is \$1.25, Reduced Breakfast is \$0.30, Just a Milk is \$0.40
Lunch \$2.50, Reduced Lunch \$0.40, Just a Milk \$0.40
\$25.00 Service Fee for all returned checks.***

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy, which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any USDA activity should write to the Secretary of Agriculture, Washington, D.C. 20250 Food Service is provided by Chartwells. Menu is subject to change without notice.

Ann Smith, Director of Food Services : 248-328-3224
Lori Albright, Administrative Assistant: 248-328-3207
Cook/Crew Leader: Dixie Simpson
Cook: Becky Herring
Cashier/Helper: Helen Mobley